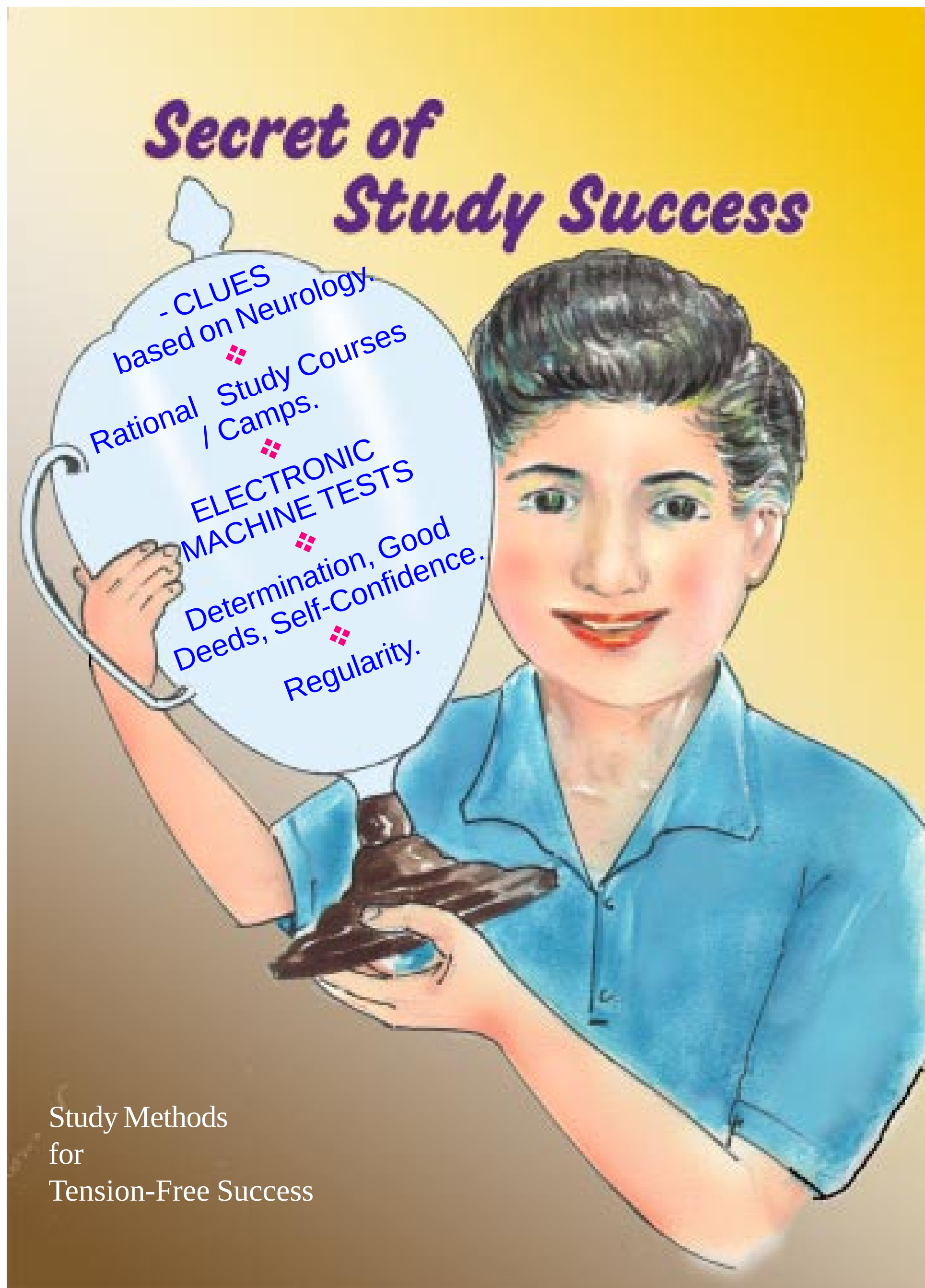

Secret of
Study Success
- CLUES
based on Neurology.
Rational Study Courses
/ Camps.
ELECTRONIC
MACHINE TESTS
Determination, Good
Deeds, Self-Confidence.
Regularity.
Study Methods
for
Tension-Free Success



: Contents :

STUDY SYSTEMS FOR GRAND SUCCESS

Multifarious benevolent activities are conducted at the 'Manashakti' Research Centre. The research range encompasses various topics from pre-brith to post-life stages. The first author of the experimental part of this research was Swami Vijnananand. He wrote a number of books for students. Various factors, such as growing number of study-subjects, crowded class rooms and damaging social atmosphere in relation to the student community, spell tensions on children/students. This is adversly affecting their study, behaviour, overall personality, and future. The present young generation is having 975% more tensions, compared with the last generation. To decimate these tensions, various clues are given to avoid frustration in study, to create self-confidence and develop memory power. A number of books have been published giving detailed information thereof. This booklet is a compilation of the principal study methods given in those books. If one desires to understand the basic underlying principle, scientific hypothesis and evidences about these methods, the original books should be read. But all cannot find that much time, yet they do except and desire to have the study methods. For their purpose, this booklet should serve as a guide. 'Manashakti Satkritya Bank Trust' is a new sister institution (Trust), promoted through the inspiration of 'Manashakti'. 'Tension- free Success Yojana' incorporated thereunder is a new challenge to students. Any one can participate therein. For that purpose, enrolement Form has been incarporated in this booklet.

- from - (Marathi) Compilation
-Anagha Deshpande.

Secret of Study Success

Study Methods :

The following Study Methods are useful to the students from 1st Standard to the Ph.D. level :-

Method No.1 : Memory Development Method

This method will be useful to make a difficult subject easy within 90 days, provided the following simple instructions are strictly observed :-

1) Select any one subject which is considered as 'most difficult';
2) Spare one hour fixed study-time for this subject every day;
3) Do not change the subject and study-time for 90 days;
4) Sit facing a given direction while you set for study. For this purpose, see in which part of the brain (Right or Left), the difficult subject is located. If it falls in the left brain, you have to sit facing East, so that the left brain subject will be to the North (i.e.magnetic North). On the contrary, if the difficult subject is located in the Right brain, sit facing West. (please refer to the Brain Diagram on last page of this Book, which gives locations of various subjects in the Brain.)
5) Gaytri - Mantra-potentised Teerth/Bhasma (गायत्री-तीर्थ/भस्म) as a co-effort, if required, can be made available to parents in the 'Manashakti'centre;
6) Bow down before your parents once a day (gratitude);

6-a) Before bowing down, please use brain stickers as per instructions thereon. Parents should hold their left palm on the book and Right-hand palm to touch the neural surface at the location of the difficult subject; (scientific blessings).

7) During vacation days, resolve to spare minimum one hour in a month for some social/benevolent work;
8) Bow down before your Class Teacher once a month;
9) Your intention of starting the above method and your consent

be communicated to the 'Manashakti' Research Centre in the prescribed form given below. The form is to be filled in, sitting at the place fixed for the study. (The form should be rewritten on a blank paper (or its xerox could be done) and filled in.

Intelligence/ Memory Development Experiment/form

To,
MANASHAKTI- REST New Way,
Mumbai Pune Rd, Lonavala- India - 410401

Full Name :...

Age : .... Standard /Divn ....

Name of School and Institute :..

Residential Address :...

Difficult Subject :- (Only One) :..

Study-Time, Place & Direction :...

(Not to be changed for 90 days)

I shall bow down before my parents everyday .... Yes / No

I shall bow down before my class teacher once a month ....Yes / No

During holiday, I shall do some social work .... Yes / No

For the method to be practiced, starting date from .... to date.........................

Date :........................ Signature of student ....

For Parents / Guardian

I have understood the 'Intelligence/Memory-Development study Method' and I fully endorce participation of my ward / son / daughter therein.

Name of Parent / Guardian :...

Date: .... Signature of Parent /Guardian :......................

Method of selecting direction and place of study as per pt 4.





Method of Bowing down in front of elderly people, as per pt 6.

Brain massage exercise

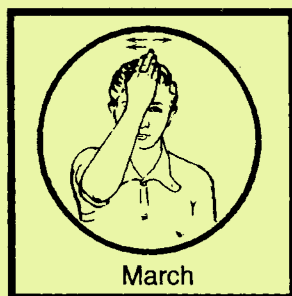
Sometimes we get stuck up and can't get along with the thought in contemplation; Right thing does not occur or does not come up to mind. In short, there our brain stops working and it gets nowhere. Then what do we do? We just scratch our head. We do so either by left hand or right hand; or sometimes by both hands together. Sometimes we scratch frontal part or posterior or side part or forehead; and that too one way or the other way round. All Such actions are performed by us unknowingly. But the main underlying thread is one and the same, namely that, 'when the brain does not work, it is to be given an impetus; influx of blood circulation is to be increased'. Though all such actions might appear to be taking place unknowingly, they are basically meant to meet the needs of the situation. In other words, such actions are nothing but a brain exercise.

If, however, the more knowledgefully and resolutefully, you do this exercise, the more effective will it be; By such massage, energy is generated in brain and the centres in the respective part of the brain get an impetus. This helps to achieve a balance between left & right brain, which state, in turn, is helpful to sustain tensions.

On this background, the diagrams of brain exercise, to be done daily for 12 to 20 seconds in each month, are appended. The massage should, however, be done lightly by your palm, instead of by tips of fingures. The brain exercise is a key to tension-free success. (More information in 'Yashashikhar' treatise).

BRAIN EXERCISE


February


March


April


May


June


July

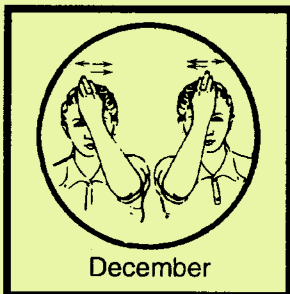

August


September

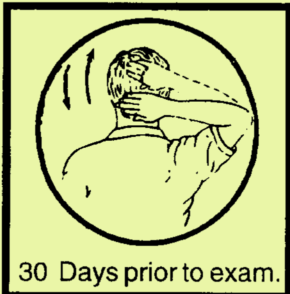
BRAIN EXERCISE

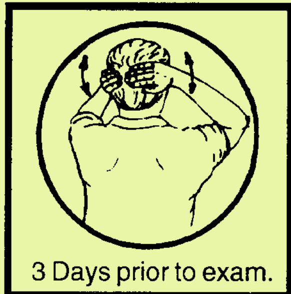

October

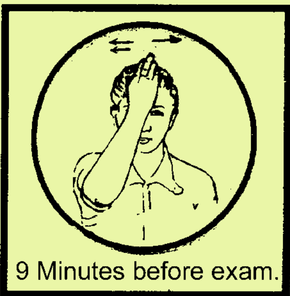

November

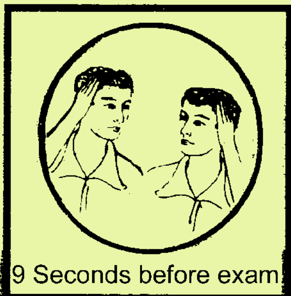

December


January


30 Days prior to exam.

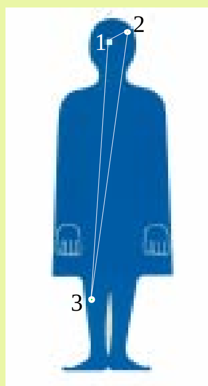

3 Days prior to exam.


9 Minutes before exam.


9 Seconds before exam.

Study Method No. 2 - Triangle Concentration

This Triangle method employs the use of 4 seasonally varying energy concentration charts. After every 3 months you can change the location of the 2nd & 3rd point of the trianlge. These charts are in 4 colours matching the quarterly seasons. the method is explained below :-



Monthwise colours recommended :-

June to August :-	Green
Sept to Nov. :-	Yellow
Dec to February :-	Red
March to May :-	Blue

The above figure is an outline of human body. On this figure, one point (No.1) marks the tentative location of the limbic cortex of the brain. This part is supposed to be the centre point of your temperament or emotions. We have to draw a triangle starting from this point.

The second point of the triangle will be `the location of difficult subject' in the brain. (Pt. No 2.) In case there is no difficult subject for you, then select the subject, you like most. This will be the triangle point (No.2) (For locating this point, refer to the subject location - brain figure - last page .)

We are aware, there is certain degree of dis-agreement among the scientists in deciding the exact locations of the subjects within the brain. However, considering the conclusions available from various other research studies on these topics, the locations as shown in the figure have been finalised.

Broadly, the left brain contains the subjects like difficult mathematics, logic at the rear side; difficult languages at the front side and Art/Sports/Geomentry and intuitions etc on the right side of the Brain. To fix the corner point No.2 of the Triangle, mark the point at the location of the subject selected for 90 days' study.

Now you have to mark the 3rd point for completing the Triangle. If you have any particular ailment, at the beginning of the quarter, locate that part of your body to fix the3rd point. For example, if you have a knee pain, take the 3rd point on the knee location. If you have stomach ache, then mark the stomach as a third point. Taking these points thus marked, complete the Triangle. You have to meditate / concentrate on the point No.1, indicating your temparament.

In case, you do not have any perceivable ailment, how do you mark the 3rd point? In such a case, consider whether you have any dis-order with reference to your appetite, motion or sleep. The 3rd point shall denote the location where the dis-order is felt prominently. In the event, you do not perceive any concrete reason, to thus mark the 3rd point, then the point at the location of the 'heart' will be the point no. 3.



You have to concentrate on the Triangle at fixed time of the day/ night for 4 to 12 minutes duration only. While performing this exercise, concentrate on point No.1 (temperament) only.

While concentrating, think of the lacuna in your temparament, your difficult subject, and your known ailment/disease, if any. While you meditate, let your mind dwell on the prayer, meaning as follows :- ``I am ruminating consciously over my faults, ailments and study problems, with the aim of eliminating the same. The faults in my temperament (behaviour) indirectly affect my body as well as my study performance. So, I pray, let my short-comings decimate and my virtues elevate; for which I will have to put in more efforts. For this, I will put in necessary efforts and do `good deeds' as per the suggestions given by 'Manashakti' - Centre. These efforts will ultimately fetch me penalty-less and envyless success; and it will grow commensurate with my efforts in this direction." (original Reference : '**Yashashikhar'** page 32)

Study Method No. 3 : 'Education through Sleep' (i. e. sleep-teaching, in brief) and Auto-suggestion Method : Easy options and simple clues.

While you are awake, your resolute intention of optimising and confirming your study performance (including sanskars) through Auto-suggestion Method is to be registered in your mind. The underlying principle is : To intensify and confirm in the appropriate period of natural sleep, your study performed during the awakened stage.(This method can be practised without using costly equipment, such as EEG or Tape recorder.etc.)

'Sleep teaching' method is being practised in many countries, but it is not possible for everybody in India to use EEG



and tape recorders for the same. The western method recommends the use of EEG to identify and ascertain the most peaceful state of brain (called 'reverie' period). Once this period is detected, the cassette of study subject is played to impart the subject-matter to the student during the reverie period of sleep. This western method, however, involves huge expenditure in lakhs of Rupees, per student, which will be prohibitive to our country. The method, next to the western method but affordable to our students, is

The stages of this method are as under :

(1) Before going to bed, read the difficult subject for some time. After you wake up, repeat the same study-subject.

(2) As an aid to this effort, and if and only if the student so desires, 'Manashakti' Centre is to be informed of the beginning of this method. The Centre can then help through the prayer-effect and 'Negative-discharge-energy.' All other pre-conditions of the 'Memory Development' method given earlier, are to be strictly followed.

(3) Before you set for study, concentrate on a triangle of 3 points, viz. your temperament, difficult / easy subject and physical ailment (called as brain triangle concentration); or concentrate on your faith symbol. Bow down before your parents.

For this method, the following further suggestions are to be noted :-

(A) Select and note down a subject for study. For example :- Suppose your difficult subject is 'English; the sections therein can be grammar, poetry, prose, essay etc. In the morning, i.e. beginning of the day, write down the summary of the selected section, as you have understood, on foolscap paper. The easier portion of the selected topic should be taken first, in preference to other topics. Ruminate over it; so that it confirms in your brain.

(B) The subject of your knowledge (i.e. which you want to study) can be classified in three parts :-

(1) The portion you have fully understood.
(2) The portion you have partly understood.
(3) The portion you have not understood (difficult).

Try to prepare notes on this last section and find opportunities to discuss this portion with your teacher, brighter class mates, friends or knowledgeable persons in the subject.

(C) Understand the process of confirming the topic which

you have fully understood : jot down the spellings of difficult words, good ideas, good words, etc from that portion. Then, write down the summary in your own words. This exercise is to be performed in the hour before going to bed, including the ‘drowsy’ stage before sleep. Please note that the ‘drowsy’ state is more helpful. Once you understand that the ‘drowsy’ state is more helpful for your study, as will be seen from the following point, there should be no reason for any worry for doing notings in that state.

(D) Next day, wake up at pre-fixed time at dawn, i.e. before Sun-rise. Make a revision or read the portion done at the last night. If you have come across any new point, note down. You will slowly realise that some of the portion has been well absorbed by you during the ‘sleep’ period.

(E) Continue this method for memorising and confirming the topics, step by step. In short, recollect the previous day’s study by this method and take up new part in continuation. This method will help eliminate the strain of the long-hour study.

(F) This method will enable you gain confidence in mastering at least one subject otherwise found difficult previously.

(G) Keeping with the principle, follow the same method for other subjects during the remaining part of the day. (Original Reference: ‘Yashashikhar’ page 59/62.)

The benefits of the Auto-suggestion method.

If the above method of auto-suggestion suits a student, it will reap rich benefits, as a self-reliant method. Auto-suggestion is nothing but re-emphasising of one’s own ‘resolution’ upon oneself. For this purpose, one can utter following words of resolution :-

“I fully believe in and realise the importance of knowledge, scientific thoughts, my subtle mind-power and the Nature’s laws. When I seek help from Nature, it is but logical that I should be of some help to others existing in Nature. As suggested by this ‘New’ knowledge, through the ‘Manashakti’ Centre, I promise to help others. Abiding by this promise, a state of serene, peaceful balance will be achieved in my brain. This will also be helpful in deriving optimum energy for my study. In fact, added usefulness of this energy is being experienced by me, day by day. This way, I am confident to achieve better success in examination.”

Once the essence of the above resolution is digested by your mind, the actual words could be cut short, keeping the essence in mind. Briefly, one can say : ``By doing the benevolent / self-less work recommended by this ‘New’ knowledge, I am fully confident to achieve success.” This, you can say to yourself 3 times in a low but a firm tone. (As an initial self-test, it would be useful to record your pulse-rate per minute, while you pronounce this resolution).

The fact, that the auto-suggestion induces astounding changes in the brain is now acknowledged by the scientists world over. Recite the above prayer, 45 minutes before you go to sleep and study the part of difficult subject. Wake up one and half hours earlier than your normal waking time; recite again the prayer/resolution and continue the difficult part of your study. Then, take a calm sleep again for an hour. This period of sleep will help percolate the subject and make the matter firm in your memory. This method can be aided by subtle energy of a selfless, knowledgeable person through ‘negative discharge energy’. However, the discussion of this phenomenon is beyond the scope of this book.

In an experiment conducted in Russia, experts put forward with full confidence, the ‘un-visible’ words on film.

The spectators, even without reading these words while witnessing the film, could in course of time, experience the 'effect' of the words. This experiment is a clear evidence of 'energy transfer' from distance. By the same principle, an expert can adjust to the time of study for this study method, as decided by the student, to avail of the benefit of subtle energy referred to above.

Auto Suggestion and Pulse-rate :

Experiments of transfer of 'thoughts' over a distance of 2000 kms. were conducted in America. They were successful to the extent of 70%. On the other hand, when an expert professor teaches a student sitting just near in a class-room, how many students, even after recapitulating the lesson, secure70% marks? In conclusion, a student can hardly take benefit merely by virtue of nearness, or closeness of the expert. Thus, the auto-suggestion method should, by the same principle endow more benefits. The following additional suggestion may prove beneficial :-

Note your pulse-rate per minute daily after the words of your promise are uttered. Inform the pulse reading to the Expert or to the 'Manashakti' Centre, if you so feel, preferably once a month. If the 'Expert' is accessible to you, perform your prayer / resolution collectively in his presence, at least once in a month. While the method suits the student, the pulse rate in successive readings, in course of time, should register declining trend. This will be a clear mathematical evidene of the effectiveness of the method (Original Reference : 'Samya Vijnan' Abhyas Yash' Page 25 साम्य विज्ञान; अभ्यास यश पान २५)

Study Method No.4

Summary Method

This method suggests a clue to draw summary of your daily study. If you read, say, two pages or a full lesson, draw its summary. This helps you to master the subject. The summary should be as brief as possible.

We keep with us a photograph of our beloved or respectable person. Thereby it gives us courage, inspiration etc. We recollect his ‘good’ work, diligence, good wishes or love and affection; and ultimately we try to elevate our capacity to deserve his goodness and love. We receive greetings, awards rewards, tributes from various persons. Recollecting such persons, emblems or the events bring before our eyes the summary or resume of the good work, love or that event.The national flag is also an epitome of the nation’s history and of nationl duty expected of us. A vertical line over the mid-point of the other horizontal line is a symbol of love of social service of `Red-Cross’; and the same `cross’, with the middle line a little reduced, becomes the holy `Cross’ symbolising the Christ`s sacrifice. Likewise, 786 is a figure which gives the Muslims in summary, the message of that religion; whereas ‘Aum’ (ॐ) is an emblem of Indian origin representing universal strength¸ summarising the gist of four religions. In fact, our life is a compendium of various summeries of vital entities.

Briefly, while you study by this ‘summary’ method, read a page or topic under study, close the book and draw summary. Again open the book, check the summary drawn and see if any point is missing, and complete that part. Proceed by repeating the process.

A ‘summary’ of what you have studied so far or what you are still studying will give you a total and meaningful lesson to be learnt and digested. This method will further elevate your courage and confidence in life.

** If you study by any of the above methods, keeping regularity and obeying the code of gratitude, you are certain to gain tension-free success in course of time.

Instructions for all parents.

The least which the parents can do for their son/ daughter (over 8 years of age) is to comply with the following suggestions :-
(1) For difficult subject, take Common Resonance (Stroboscobe) test, free of charge, 1st Sunday of month in the 'Manashakti' Research Centre. (Also useful for parents). (2) Make available to your ward, memory development stickers to augement his/her brain power; and to potentise your own subtle energy for effecting 'Brain-touch' process, use Brain (Motor Area) Symbol to be kept below the pillow, after understanding its rationale. (3) Render Brain touch (blessings) at the desired point of neural surface of your ward, at least once a day. (4) For any particular personal complaint, take computerised machine test. (5) Enrol for camps as per age groups (8 to 14 years and 15 to 21 years) being arranged in the '**Manashakti**' Research Centre; and attend the corresponding study course for parents arranged simultaneously.

As a counter check and to ensure compliance of your daily study and other routine prescribed, fill in the graph given below i.e. A, AA, E, U graph daily; and send the same every month to : 'Tension-free Success Yojana' C/o REST New Way, Lonavla - 410401
A = Your compliance with the promised study time.
AA = Respect to parents / elders / teachers.
E = Effort in right directions. e.g. brain exercise, concentration
U = Planned 'good'

A
AA
E
U

A
AA
E
U

The graph, A, AA, E, U.

Note : In case, any of the rules in terms of A,AA, E,U is not observed, make a cross (x) in the respective square, against the particualar date.

TWO SUCCESS - EXPERIMENTS - SIMPLE BUT PROFOUND

To gain any success, make use of a simple device. In the monthly `Manashakti' issue, you would find a Brain (Motor Area) Symbol printed on the back cover, in a colour shade adjusted to seasonal intensity. This Brain Symbol is to be kept underneath the pillow, while retiring at night. Multifarious information, including the scientific priciple about this experiment, will be found in July 91 issue of 'Manashakti'. Subsequent issues give more elucidation in Question - Answer form. However, one concrete evidence is cited below.



DECEMBER

Brain (Motor) area symbol feed-back

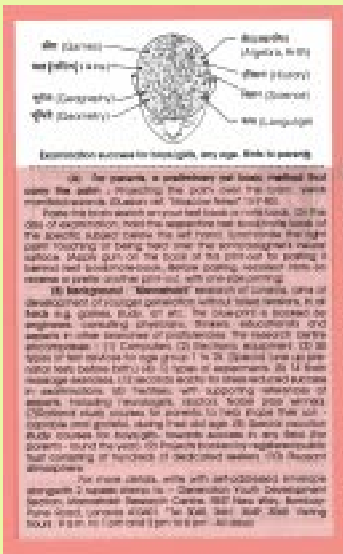
Color preference : March to May : Blue. June to August : Green. Sept. to Nov.: Yellow. Dec to Feb.: Red. Intermediary color shades are adjusted to seasonal intensities. (check it up with 'Manashakti' monthly.)

Manashakti, REST New Way, Mumbai-Pune Rd, Lonavla. **Tel.:** 73045 / 73747 / 73461. **email :** manas@giaspn01.vsnl.net.in

Certain part of our brain keeps awake during sleep; and it can help to augment memory. Renowned Noble Prize Winner-Dr. Pavlov has named this part as 'Centry Post.' In March 1991 issue of 'Sputnik' (p. 154-55), a recollection of Einstein has been noted. He had stated that the basic work about his reputed research principle occured to him during the state of sleep. In the third volume of the three copious volumes giving Brain-maps, Dr. Fredrick Gibbs, M.D. has made a statement in col. 2 of page 1, ".... In sleep certain deep centres take over control of cortical activity ...." During the state of sleep, these deep centres get released, and this state can be put to use in various ways. This is the best clue or device, for synchronising, with confirmed resolution, the executive part of the body-the motor area, with the brain symbol. Thus keeping the brain symbol resolutefully, below the pillow will bring about the process of 'Biofeed back.' The begining of this experiment, if communicated to 'Manashakti' Research Centre, may help get the benefit of 'Resonanace'

principle.

There is one more important experiment. Every person takes efforts for the well-being of his next generation. For this, there is an age-old method of giving blessings (brain touch). There should, however, be no objection to make use of the scientific part implied therein, to be more purposeful.



For this purpose, `Manashakti' Research Centre has developed stickers in four colours. They would be of use for children of any age, while studying any subject. The sticker of the respective colour correlating with the category of easy / difficult subject is to be pasted on the back side of the book and note-book. Information about which colour correlates with easy /difficult subject, categorywise, is given on the sticker itself. At present, the stickers are available at a nominal cost of Rs. 2 (for six stickers). While setting for study, the books and note books used for study are to be placed before the parents/ teacher every day or at least during the days of examination. If the parents/teacher then keep their left palm on the sticker and the right palm projected over the neural surface of the son/daughter, it will certainly yield manifold rewards for him/her. 131 evidences in support of such process have been given in the book 'MandusparshaneYashkalyan' (मेंदूस्पर्शाने यशकल्याण) in Marathi; (meaning - "Success by Brain Touch"). The 'Mosow News' has published a photograph of a 30-year old woman grown up in an atheist country like Russia. The photograph has been reproduced on the sticker. It illustrates that by brain touch, the woman can, not only help in removing the lacuna in study, but can also cure disease.

In support of these efforts, as a panacea, some selfless work or at least to pass on this information to others, is highly recommended. How this process brings about a revolution in brain has been delineated in various `Manashakti' treatises and the monthly issues. This project is managed by several self-less, service - oriented seekers, with active cooperation of Doctors, Engineers, Thinkers etc. For more information, you may write alongwith self-addressed stamped envelope.

‘TENSION-FREE STUDY SUCCESS YOJANA’
(‘Manashakti Satkritya Bank Trust’ and ‘Manashakti’- suggested Yojana).

ENROLMENT FORM
(FOR STUDENTS FROM 8TH STD TO DEGREE EXAM)

Based on long-standing research with supporting evidence form various branches of Science - Neurology, Physiology, Psychology, Education, etc. various study-methods have been suggested by ‘Manashakti’ Research Centre, Lonavla. Detailed information has been given in ‘Yashshikhar’, ‘Pariksha Yash’, ‘Smaran Chamatkar’, and ‘Manashakti’ literature. I wish to study as per the ‘Manashakti’ suggested methods. For this, I enrol my name, as under :-

1. Name :...
2. Address :..
3. Age :......................   4. Introduction :.............................
5. Name of School / Institution :..
6. Standard studying :...
7. Difficult subject :..
8. Encounters in study-physical/intellectual/mental.:...............
9.Favourite subject ....10. Favourite hobby/game:................
11. Colour seen in Stroboscope test :..................................
12. Study Course of ‘Manashakti’ attended (give title):..............
13. I shall study in accordance with at least one of the Study methods suggested, with effect from (date)...................
e.g. i) Intelligence/Memory Development/Triangle Concentration/ Sleep-teaching/Brain Massage. :..
14. Marks obtained (subject-wise) in the last year’s exam:
(as enclosed) ....

15. I shall send - (A) (AA) (E) (U) graph every month :........
16. I shall send Mark-sheet of various exams to be appeared in the current year. :...
17. I shall obey the rules of gratitude :................................
18. I have made determination of 'good deed' as per 9(A), 9(B), 9(C) category..
18. I shall communicate information about Study Methods to my friends..

I am sure to get success if I study by this method. For further guidance, I shall contact the nearest 'Manashakti' Centre

Signature of Student................ Signature of Parents..............

Date :.................................... Date :..................................

N.B. (1) If you are already having any of the aids/literature mentioned below, it is not necessary to make a demand of the same. (2) If Sr Nos. 11, 12 and 18 are 'not applicable', note accordingly in the form. (3) On the mark-sheet, signature of parent and teacher/Principal, along with the stamp of school/ college, is necessary.

Minimum aids/literature necessary for this 'Yojana':

(a) A set of Brain (Motor Area) Symbols (for guardian) -	Rs.10
(b) Stickers for pasting on books/note-books -	Rs. 4
(c) Pamphlet/Booklet giving information about all study methods	Rs. 5
(d) Exam-Success Protector (परीक्षा यश राखी)	Rs. 2
(e) Registered Postage	Rs.15
Total donation contribution	**Rs. 36**

(For Students)

Study by any method; but strictly observe the following rules in your own interest :-

(1) To bow down before parents / elders every day.
(2) To bow down before class teacher, once a month.
(3) To do 'Good Deed' / Social work, at least one hour in a month.
(4) To pass on this information, as much as you can, to your friends around.
(5) To use memory development 'stickers' by pasting on Books/ Note-books; and to take 'Brain-touch' (blessings) from parents, as per the prescribed method.
(6) To do brain exercise at least for 9 seconds, before setting for study, as prescribed for the respective month (Please see brain charts at page.......)
(7) To communicate your progress, experience or difficulty to 'Manashakti' Research Centre.

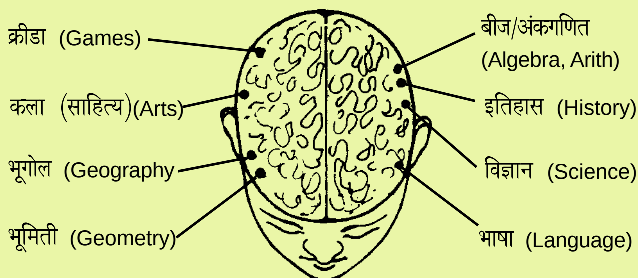
This book is English translation of original 'Marathi' compilation book 'Prayatna Rahasya' (प्रयत्न रहस्य) with related additional information.

Original 'New Way' Tenet and Research
by Swami Vijnananand

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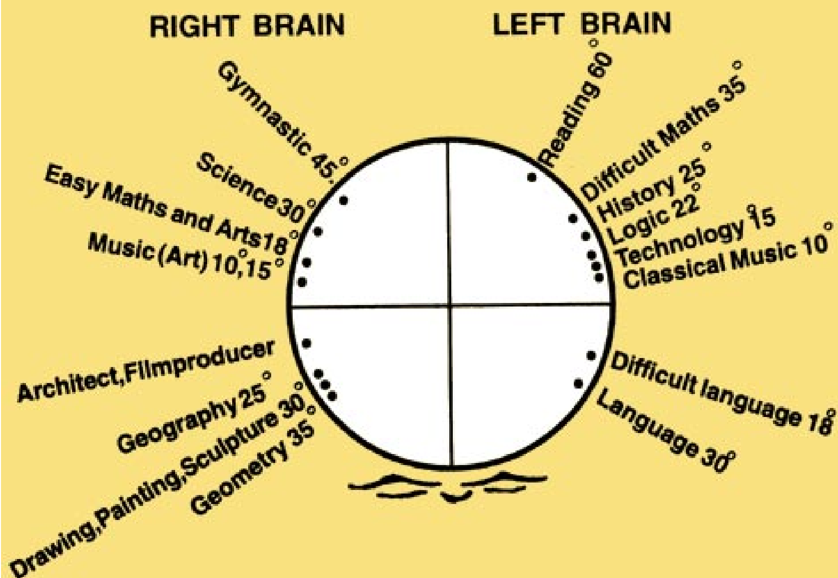
Examination success for boys/girls, any age. Hints to parents

(A) For parents, a preliminary yet basic method that carry the palm : Projecting the palm over brain, yields manified rewards. (Russian ref. 'Moscow News' 13-7-86).

Paste this brain sketch on your text book or note book. On the day of examination, hold the respective text book/note book of the specific subject below the left hand. Synchronize the right palm touching or being held over the son's/daughter's neural surface. (Apply gum on the back of this print-out for pasting it behind text book/note-book. Before pasting, recollect hints on reverse or prefer another print-out, with one-side printing)

(B) Background : 'Manashakti' Research at Lonavla, aims at development of younger generation without toilled tensions, in all fields e.g. games, study, art etc. The blue-print is backed by engineers, consulting physicians, thinkers, educationists and experts in other branches of proficiencies. The research centre encompasses :- (1) Computers. (2) Electronic equipment. (3) 50 types of test devices for age group 1 to 25. (Special tune up prenatal tests before birth.) (4)12 types of experiments. (5) 14 Brain massage execises. (12 seconds each) for stress-reduced success in examination. (6) Treatises, with supporting references of experts, including neurologists, doctors, Nobel prize winners. (7) Rational study courses for parents; to help shape their son capable and grateful, during their old age. (8) Special vacation study courses for boys/girls. towards success in any field (For parents - round the year). (9) Projects backed by registered public trust consisting of hundreds of dedicated seekers. (10) Pleasant atmosphere.

For more details, write with self-addressed envelope alongwith 2 rupees stamp to :- Generation Youth Development Section, Manashakti Research Centre, Rest New Way, Mumbai-Pune Road, Lonavla 410401 (Tel 73045 / 73461 / 73068 / 73999. Visiting hours : 9 am. to 1 pm and 3 pm to 6pm - All days)



This round figure gives a view of neural surface from above. Hence, view not possible in two dimensions. Location of subjects, directional. But no difference from angular considerations.

